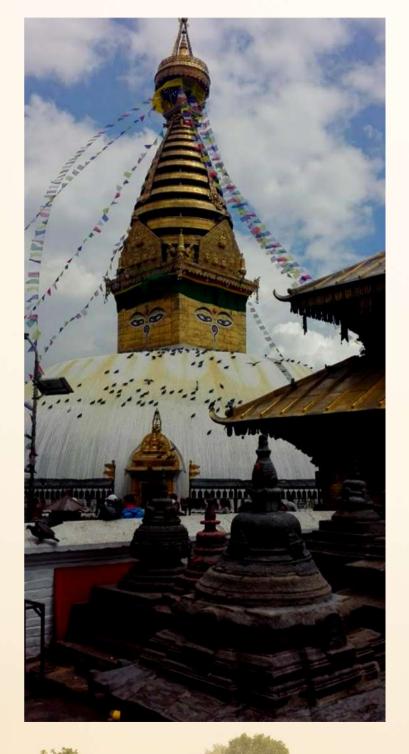


CONTENTS

1. About Nepal	01
2. Tourism Activities In Nepal	02-03
3. Getting a Tourist Visa for Nepal	04-05
4. Access in Nepal	06
5. Accommodations	07
6.Restaurants	07
7. Places to visit in Kathmandu valle	y08
8. Foreign Money Exchange	8
9.SIM Card.	8
10.Domestic Airlines of Nepal	09
11. Travel Nepal by Road	10
12. Hiring the Guide or other staff	10
13. Where to travel in Nepal?	11
14. About Us	12
15. Contact Details	





ABOUT NEPAL

Nepal, officially the Federal Democratic Republic of Nepal, small landlocked country and borders China in the north and India in the south, east and west. Kathmandu is the capital city. It is the 49th largest country by population and 93rd largest country by area. It lies between latitudes 26° and 31°N, and longitudes 80° and 89°E.

Nepal has a diverse geography, including fertile plains, sub-alpine forested hills, and eight of the world's ten tallest mountains, including Mount Everest, the highest point on Earth. Kathmandu is the capital and the largest city. Nepal is a multi-ethnic country with Nepali as the official language.

Nepal has five climatic zones, broadly corresponding to the altitudes. The tropical and subtropical zones lie below 1,200 meters (3,900 ft.), the temperate zone 1,200 to 2,400 meters (3,900 to 7,900 ft.), the cold zone 2,400 to 3,600 meters (7,900 to 11,800 ft.), the subarctic zone 3,600 to 4,400 meters (11,800 to 14,400 ft.), and the Arctic zone above 4,400 meters (14,400 ft.). Nepal experiences five seasons: summer, monsoon, autumn, winter, and spring. The Himalayas block cold winds from Central Asia in the winter and form the northern limits of the monsoon wind patterns.

Tourism is the rapidly growing industry of Nepal. With the world's highest peak, Mt. Everest (8,848 m), Nepal is the home of eight highest peaks among the top 10 highest peaks of the world. Nepal is the destination for mountaineers, trekkers, rafters, and the adventurers. It is also rich in natural resources, cultural values, norms, traditions, etc. With the boon of natural beauty, it becomes an attraction for the tourists.



Tourism Activities in Nepal

Mountaineering

Mountaineering in Nepal is the challenging adventure activities in Nepal. There are about 326 peaks in Nepal open for mountaineering. With eight of the ten highest peaks of the world, including Mt. Everest (8,848 m) the highest peak of the world, Nepal has become the hot spot destination for mountaineering. It consists of the expedition of snow-capped peaks ranging from 6,655 m to 8,848 m above the sea level. Professional Climbing Sherpa, experienced porters, guides help to summit the mountains. Autumn and spring are the best times of the year for Expeditions to the high mountain summits.

Pilgrimage Tour

Nepal is the home of many gods & goddesses, so thousands of pilgrims visit Nepal every year due to the presence of many holy spots that hold great religious and spiritual significance. That's why the religious tour is popular in Nepal. Pashupatinath Temple, Muktinath, Baraha Kshetra, Badimalika, Gadi Mai, Janaki Temple, Gosainkunda, Panchpokhari, Khaptad Baba, Supadeurali, Siddha Baba Temple, etc. are the popular religious places for Hindu. Whereas, Bouddhanath Stupa, Swayambhunath Stupa, Namobuddha Monastery, Kapan Monastery, Monasteries of Pharping, Lumbini, World Peace Tengboche Monastery, Dingboche Stupa, Monastery of Khumbu region, Marpha Monastery are the major religious sites of Buddhism followers. Among them, Muktinath and Swyambhunath Stupa are common for both Hindus and Buddhists with great belief and religious significance.

Rafting

Rafting is one of the best ways to explore the typical cross-section of natural as well as the ethnocultural heritage of the country. There are numerous rivers in Nepal which offer excellent rafting, kayaking or canoeing experience. So far, the government has opened sections of 10 rivers for commercial rafting. Trishuli River, Seti River, Bhote Koshi River, Kali Gandaki River, Marsyangdi River, Sun Koshi River, Arun River, Karnali River, Tamur River, and Bheri River are the rivers for rafting and kayaking.

Home-stay Tour

A home-stay tour in Nepal is the best possible way to explore the agricultural lifestyle, livelihood, hospitality, culture, and religion followed by the locals of any particular village. One can spend time with the local people sharing the kitchen, engage in their daily activities. It is a popular tour for a family tour as well for single and couple with cultural views. The best part of homestays is to learn the lifestyles of Nepali, the tradition and culture of various ethnic groups, interact with various ethnic groups host families by eating what they eat, sleeping where they sleep, and wearing what they wear. Nepal offers lots of homestay tour packages these days as one of Bandipur village, Sirubari village, Ghale Gaun, Balthali village, Ghandruk, Chitlang, Barpak, Chitwan, etc.

Trekking

The best way to experience Nepal's unbeatable combination of natural beauty and culture riches is to walk through them. Thus, trekking in Nepal is popular in the world. One can walk along the beaten trails or virgin tracks. Along with forests of rhododendron, isolated hamlets, and small mountain villages, birds, animals, temples, monasteries, and breathtaking landscapes, one will also encounter friendly people of different cultures offering a fascinating glimpse of traditional rural life.

Peak climbing

Peak climbing refers to the climbing of peak ranging from 5,587 to 6,654 meters above the sea level. Special permits are provided from Nepal Mountaineering Association (NMA) for peak climbing. For the training of expedition, ice climbing, and other adventurous activities like Ski, peak climbing is popular in Nepal. It is somehow easier than the mountaineering but it requires the experienced guides, porters, etc. with the arrangement of gears. Some popular peaks for climbing are Mera Peak (6,476 m), Island Peak (6,189 m), Lobuche Peak (6,119 m), Yala Peak (5,520 m), Pisang Peak (6,092 m), Dhampus Peak (6,012 m), etc. are the popular peaks for peak climbing.

Wildlife Safari Tour

Nepal is rich in bio-diversity that makes it ideal as an eco-tourism destination. There are 12 National Parks, 6 Conservation Areas, 1 Wildlife Reserve, and 1 Hunting Reserve in Nepal. These protected areas are rich in different kind of flora and wildlife, birds, such as the rare great one horned rhinoceros, several species of deer, bear, leopard, dolphin, crocodile, birds, tiger, etc. living in their natural habitat. The wildlife safari tour is popular in the protected areas of Terai region, especially, Chitwan National Park, Bardiya National Park, Koshi Tappu Wildlife Reserve. It normally includes elephant briefing and safari, dugout canoeing, nature walk, bird watching, jeep drive, etc. Besides this, excursions and quick tours around the villages to discover the unique culture and traditions of the local village.

Study and Research Tour

Nepal is rich in historical sites and archaeology. It can be the best destination to study and research. Kapilbastu is known as the open museum which has historical and archaeological importance. In the latest archaeological excavation, the Department of Archaeology (DoA) discovered Kapilvastu with the largest number of archaeological sites in the country, totaling 136. The area of Tilaurakot is popular for the research of the archaeological sites. Similarly, Lower Mustang is suitable for the study of fossils, which is also known as Saligram. It is found in Kaligandaki River only.

Historical Palaces Tour

Besides the palaces enlisted in world heritage sites, there are various ancient palaces in different parts of Nepal. Argha and Khanchi Durbar of Arghakhanchi, Jajarkot Durbar, Ajaymerukot Durbar of Dadeldhura, Kot Durbar of Kalikot, etc, are popular palaces of Nepal which have the historical significance. The protected weapons, temples, coins, remaining of palaces, etc. supports for the research. You can still see different fairs organized in these ancient durbars. Even in Kathmandu, everv Indra Jatra in year people celebrate Kathmandu Durbar Rato Square. Machhendranath Jatra in Patan, Bisket Jatra in Bhaktapur.

Sky Diving

Skydiving is a new adventure and thrilling activity in Nepal which can be the attraction. The difference between skydiving in Nepal compared to skydiving abroad is the spectacular 360-degree view of the Himalayas. An excitingly extreme aerial adventure, Everest skydiving is an amazingly unique experience in the world. The skydiving takes place in front of the world's highest peak Mt. Everest (8,848 m), and the free fall takes you past some of the world's highest mountain peaks. For those who want to keep it less extreme, then you can do in Pokhara, next to the mighty Annapurnas and the Phewa Lake below.

Volunteering Tour

Volunteering Tour is popular in Nepal. Collecting the charity from the adventurous activities like trekking program, expedition, etc. and donating to the orphanage home, free teaching in those homes, etc. are the activities of volunteering tour. This is a part of social service. Free health services like eye camping, donating on the construction of school, hospital, laboring on the construction, etc. are practicing in the volunteering tour.

Other Activities

There are plenty of purposes to visit in Nepal. Many wilderness activities can be done in Nepal. Paragliding, Bungee jumping, Para-hawking, Canyoning, Rock climbing, Mountain Biking, Ultralight flight, Sky diving, etc. are the activities that you can do in the trip of Nepal. While doing trekking, you will encounter the beautiful lakes, waterfalls, mountains, green hills, forests, etc. Many activities are adventurous and can be done within a specific time only like, wild bee honey hunting tour, Wildlife Hunting tour in Dhorpatan Hunting Reserve, Everest Marathon, Tiji Festival tour, etc. These activities need a prior booking before 3 months. Besides this, food tourism, agrotourism, etc. are also popular in Nepal. While traveling, you will experience all these factors in different parts of Nepal. You can do extra activities like, having lunch with monks in the monastery, Singing Bowl Therapy, Meditation, Yoga, Cycling, Horse riding, etc. during travel.

Getting a Tourist Visa for Nepal

The Department of Immigration at the Tribhuvan International Airport has started the services of Online Visa process and the Visa on Arrival system which will be easy for you. However, at the high season, to avoid the queues at the Immigration Department, you can fill up the online visa application where you have enough time to fill up the mandatory information. It is advisable that you fill-up the disembarkation card in the aircraft itself before disembarking to avoid wasting time filing it at the arrival counter. You can get an online visa application on the website of the Immigration Department of Nepal. It will be easy for you at the airport to do the airport formalities. To apply online: http://online.nepalimmigration.gov.np/tourist-visa

Information for Online Visa Applicants

- 1. While filling the application, you must fill the mandatory field as per your passport.
- 2. Ready a recent digital photograph (size: 1.5" x 1.5") in your removable device to upload your photograph for the application.
- 3. You must provide information about detailed permanent residence address, and detailed address in Nepal.
- 4. You need to provide telephone numbers—land-line and mobile and email address.
- 5. If you fill the online application, you will get a submission Receipt on your email address with a bar-code which you need to print out and bring it along for acquiring a visa. In your email, you will get the deadline too.
- 6. It is valid for fifteen days only, i.e. the system will detect your information within 15 days. After its expiration, you need to re-fill the application.
- 7. Before you contact the Immigration Authority, please make sure you have the receipt and proper documents with you including the necessary fee.

Special Notes

- 1. Visa can be obtained at the Tribhuvan International Airport, Kathmandu, Nepal on arrival except for the nationals of Nigeria, Ghana, Zimbabwe, Swaziland, Cameroon, Somalia, Liberia, Ethiopia, Iraq, Palestine, Afghanistan, and Syria. The nationals of these 12 countries are requested to submit their application to the Embassy and wait for the approval of the relevant authorities of Nepal.
- 2. Gratis visa is issued free of cost for children below 10 years except for US citizens.
- 3. Up to 30 days for SAARC Citizen (except Afghanistan) visiting Nepal for the first time in a given visa Year. If you are an Afghan citizen, you can request a concerned institution inviting you to Nepal for necessary paperwork with the Department of Immigration to get you Gratis Visa 'On Arrival'.
- 4. Officials from China, Brazil, Russia, and Thailand do not need Entry Visa based on reciprocal visa waiver Agreement
- 5. You must have the passport which is valid for at least 6 months.
- 6. Visa can be obtained only through payment of cash in the following currency: Euro, Swiss Franc, Pound Sterling, US Dollar, Australian Dollar, Canadian Dollar, Hong Kong Dollar, Singapore Dollar, and Japanese Yen. Credit card, Indian currency, and Nepali currency are not accepted as payment of visa fees.
- 7. You might need the passport size photos during the formalities at the airport, it's better to bring 5-6 passport size photos with the 2-3 photocopies of passport.

Visa Fee

Before submitting the visa application at the Department of Immigration (DoI), you just need to pay the amount for the visa. The visa fee for the citizen of SAARC countries is free for 30 days. However, Indian passport holders don't need a visa to visit Nepal. The changes on tourist visa fee have been in effect from 17 July 2019 which is as follows:

Duration Amount 15 Days (Multiple Entry) - USD 30 30 Days (Multiple Entry) - USD 50 90 Days Multiple Entry) - USD 125

Visa Extension

If you need to extend your visa, then you must visit the Department of Immigration (DoI) of Kathmandu or Pokhara. If you want to extend your visa, then you can either extend before the valid visa period or after the visa expiration. You have to pay USD 3 per day to extend the visa if before a valid visa period. Otherwise, after visa expiration, you need to pay USD 5 per day for the visa extension. If you would like to extend the visa with multiple entries, then the additional cost will be USD 25.

CIP Lounge

This is available for a Commercially Important Person who on arrival may wish to rest while someone takes care of their formalities i.e. custom, immigration, and collecting of the luggage. You can avail of this room after paying NPR 500 per hour per person including VAT.

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ACCESS IN NEPAL

By Air

Most of the travelers enter Nepal via airways, and land at Tribhuvan International Airport, which is the international airport of Nepal with the IATA code KTM and at the elevation of 1,350 m from sea level. It is connected with airlines from different corners of the world. Different International Airlines operate flights in Nepal. In the meantime, Nepal also has 3 airlines operating the international flight. Nepal Airlines (RA) is the national flag carrier of Nepal.

Airlines of Nepal Operating International flight

- 1. Nepal Airlines (RA) Hong Kong, Bengaluru, Mumbai, New Delhi, Tokyo, Kuala Lumpur, Doha, Bangkok, Dubai
- 2. Himalayan Airlines (H9) Dhaka, Beijing, Changsha, Chongqing, Shenzhen, Kuala Lumpur, Doha, Dammam, Abu Dhabi
- 3. Buddha Air (U4) Paro, Guwahati, Kolkata, Lucknow, Varanasi

International Airlines Operating flight from/to Nepal

- 1. South Asian Druk Air (Paro), Bhutan Airlines (Paro), IndiGo (New Delhi), Air India (New Delhi, Kolkata), Spice jet (New Delhi), Biman Bangladesh (Dhaka), US-Bangla Airlines (Dhaka), Regent Airways (Dhaka)
- 2. South East Asian Thai Airways (Bangkok), Thai Lion Air (Bangkok), Malaysia Airlines (Kuala Lumpur), Malindo Air & Batik Air (Kuala Lumpur), Silk Air (Singapore)
- 3. China/Korea Air China (Chengdu), China Eastern Airlines (Shanghai, Kunming), China Southern Airlines (Guangzhou), Tibet Air (Lhasa), Cathay Dragon (Hong Kong), Sichuan Airlines (Chengdu-Lhasa), Korean Air (Seoul)
- 4. Gulf Country Air Arabia (Sharjah), Etihad Airways (Abu Dhabi), Fly Dubai (Dubai), Oman Air (Muscat), Qatar Airways (Doha), Salam Air (Muscat)
- 5. Europe Turkish Airlines (Istanbul)

By Land

All the travelers can use anyone of the below land borders to enter and exit Nepal. These are facilitated with the Department of Immigration (DoI). While paying fee for Visa, it is better to pay in USD. And make sure to put the entry and exit stamp on your Passport at the Immigration Department before leaving or entering Nepal.

The major entry and exit land borders of Nepal with India are

- 1. Kakarbhitta, Jhapa 458 Km from Kathmandu / 11-12 hours
- 2. Biratnagar, Morang 382 Km from Kathmandu / 9-10 hours
- 3. Rakxaul Border, Birgunj, Parsa 140 Km from Kathmandu / 6-7 hours
- 4. Sunauli Border, Bhairahawa (Rupandehi) 265 Km from Kathmandu / 8-9 hours
- 5. Rupaidiha, Nepalgunj (Banke) 522 Km from Kathmandu / 12-13 hours
- 6. Mohana, Dhangadhi (Kailali) 668 Km from Kathmandu / 14-15 hours
- 7. Gadda Chauki, Mahendranagar (Kanchanpur) 701 Km from Kathmandu / 18-19 hours

With Tibet, China are:

- 1. Kodari, Sindhupalchok 114 Km from Kathmandu / 5-6 hours
- 2. Rasuwagadhi, Rasuwa 156 Km from Kathmandu / 8-9 hours

ACCOMMODATIONS

There are plenty of hotels you will find a different cities of Nepal. The major tourist cities are Kathmandu Valley, Pokhara, Chitwan, Lumbini, etc. The category of the hotels in Kathmandu ranges from 1-Star to 5-Star Luxury Hotels. Besides this, budget hotels and resorts, guest houses, are also available in the major cities of Nepal.

In context of Kathmandu valley, tourists prefer to stay inside the Thamel Area or closer to it. Major places to stay in Kathmandu Valley are Thamel, Lazimpat, Bouddha, Godawari, Nagarkot, around world heritage sites, or the closer to the areas which are closer to the Airport also. Closer destination to the Kathmandu, Nagarkot and Dhulikhel also provides the luxurious accommodation with the panoramic views. Both the destinations have different category of hotels, resorts, guest house, etc.

Likely in Pokhara, there are different category of hotels available in Lakeside. Most of the tourist prefer to stay in Lakeside to see the nightlife of Pokhara. Around the hills of Pokhara Valley, there are many hotel and resorts with good services and facilities where guests can enjoy the Mountain View, Rupakot, Sarangkot, etc., are also famous for hotels and resorts.

In Chitwan, visitors prefer to stay in the jungle lodge, hotels, resorts, around Chitwan National Park. Sauraha, Meghauli, Patihani, etc. are famous area for the hotels. These hotels provides jungle safari tour on the packages.

Moreover, different categories of hotels are available in major tourist destinations of Nepal. Other popular destinations are Lumbini, Kurintar, Bandipur, Gorkha, Amaltari, Bardiya, Nepalgunj, Biratnagar, Jhapa, etc. In the major cities, there is the accommodation facilities in the hotels, resorts, guest houses, etc. While going to the mountain side during trekking, you will find teahouses lodges, tented camps, and homestays for accommodation.

RESTAURANTS

There are many restaurants in Kathmandu Valley offering the good services and facilities. Mainly, you will find the restaurants in those destinations where you travel and nearby to your hotels such as in Thamel, Lazimpat, Durbarmarg, and around the heritage sites. When you are in the restaurants in Kathmandu, you can try Momo. You can visit the fast food café, bar in Thamel, where you can enjoy the meals and drinks with the live music.

The most interesting facts about the restaurants in Kathmandu is the live music and cultural dances. Many tour operator wants to offer you welcome dinner at typical Nepali Restaurants with the cultural programs. In such restaurants, you can experience Nepalese local wine called 'Raksi'. If you visit in Newari Restaurant, you can try Aila. It's also a local homemade wine. If you want to try local food in Kathmandu, Dal Bhat set is the meals offered by most of the tourist. If you want to try extra, you can try, Newari Khaja Set in Patan and Bhaktapur. While you are in Bhaktapur, don't miss the king of yoghurt, 'Ju Ju Dhau'.

Similarly in Pokhara, Lakeside is popular for the fast food café and restaurants which provides live music on the fresh environment. Mostly, the hotels have restaurants for the inner guests. Moreover, hotels, the resort or jungle lodges of Chitwan, Bardiya have the private restaurants inside their property. Most of the restaurants of Nepal are inside the hotels and offers the local foods.

PLACES TO VISIT IN KATHMANDU VALLEY

Kathmandu Valley consists of Kathmandu, Lalitpur and Bhaktapur. Neighboring district, Kavrepalanchok lies in the southern part of valley which supports to the tourism of Kathmandu. In the common itinerary, the sightseeing tour of second day starts in Kathmandu and covers the part of Kavrepalanchok too. Time and destination a half-day sightseeing tour and a full-day sightseeing tour which goes for 4 hours and 8 hours. It depends upon the time only. During the half-day sightseeing tour, you will cover about three tourist destinations. Full day sightseeing tour covers about five to six tourist destinations which are also varying with the location.

For more information, you can get access from the link below: https://travelxlog.com/kathmandu-tourism-area/

FYI, Kathmandu Tourism Area consists of Kathmandu, Lalitpur, Bhaktapur of Kathmandu Valley, and Kavrepalanchok, the neighboring district of Kathmandu valley which is just 20 km on the southern part. If you have less time to visit in Nepal or you are in Nepal after the post-visit of Tibet or you are here in conferences or meetings, you can choose the destinations from these sectors.

- To see the ancient art and architecture, stupas, temples, you can visit the world heritage site.
- To see mountain ranges, you can drive to either Dhulikhel or Nagarkot. These places are popular to see the sunrise view and spend time in nature.
- To experience local community, you can visit Bungmati, Khokhana, Kirtipur, Bhaktapur, etc.
- For homestay experience, you can visit Panauti, Dhulikhel, etc.
- For the overnight stay in the monastery and have lunch and dinner with monks, you can choose either the Pharping area, Kapan, or Namobuddha monastery.
- If you are interested in hiking or trekking or birdwatching tour, then you can choose, Shivapuri Height (2,762 m), Phulchoki (2,700 m), Champadevi (2,285 m), Jamacho Height (1,500 m), Nagarkot-Dhulikhel-Namobuddha trek, etc. Shivapuri National Park is the smallest national park in Nepal which is closer to Kathmandu.

FOREIGN MONEY EXCHANGE

You will see the money exchange counter inside the International Airport where you can exchange foreign currency into Nepalese Rupeees (NPR). You can get Rs.5, 10, 20, 50, 100, 500 and 1000 on paper note and Re 1 and Rs 2 in paper note or coin. You will find the money exchange counter at the Thamel, Lazimpat, nearby to the world heritage sites, and other places or at the hotel. Please collect the receipt of the amount you have changed.

SIM CARD

In Nepal, when you wish to buy local SIM card, you will get option of NCELL of purple color or Nepal Telecom of Blue Color. You can directly visit the SIM Card center in the major city like Kathmandu, Pokhara, etc. To get the SIM card, you need to submit one passport size photo and photocopy of your passport. Some may ask for your passport to see the visa stamp of Nepal. It's better to pay in Nepalese Rupees (NPR) while buying the SIM card. If you are traveling for a couple of weeks in Nepal or planning for trekking, then you will need the SIM card to contact the tour operator or vehicle staff or tour/trek guide. Or, you may need internet services frequently. If you will be in Kathmandu, you can use any SIM card. But if you will go away from major cities like Kathmandu, Pokhara, Chitwan, and then you need to think about the SIM card. For the convenient data packages and the uses, the NCELL SIM card is preferred by most of the foreigners. But it is not sure it will act in all parts of the country.

DOMESTIC AIRLINES OF NEPAL

The Tribhuvan International Airport, Kathmandu is the hub of all air services inside the country. If you like to travel via airways rather than road transport, then you can use the domestic flight of Nepal to go to various parts of Nepal. All the domestic airports are connected with the Airport of Kathmandu. The Tribhuvan International Airport is divided into two terminal, i.e. International Terminal and Domestic Terminal. The time difference between these terminal is 10-15 minutes on walking from outside by a passenger. Both the International and domestic flights take off from the same runway.

To reach various parts of Nepal via airways, there are about eight scheduled domestic airlines and nine charter airlines in Nepal.

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6. Makalu Air	https://travelxlog.com
7. Manang Air	airlines-of-nepal/
8. Prabhu Helicopter	
9. Simrik Air	
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The major domestic airports connected with Tribhuvan International Airport (KTM) with the scheduled airlines are as follows.

	F ()
1. Pokhara Domestic Airport (PKR), Kaski	- (Buddha Air, Yeti Airlines, Nepal Airlines, Shree Airlines, Sita Air, Simrik Airlines)
2. Bharatpur Domestic Airport (BHR), Chitwan	- (Buddha Air, Yeti Airlines, Simrik Airlines, Nepal Airlines)
3. Bhairahawa Airport (BWR), Lumbini, Rupandehi	(Buddha Air, Nepal Airlines, Saurya Airlines, Shree Airlines, Simrik Airlines, Yeti Airlines)
4. Nepalgunj Airport (KEP), Banke	(Buddha Air, Yeti Airlines, Saurya Airlines)
5. Dhangadi Airport (DHI), Kailali	(Buddha Air, Yeti Airlines, Saurya Airlines, Shree Airlines)
6. Biratnagar Airport (BRT), Morang	(Buddha Air, Yeti Airlines, Shree Airlines, Saurya Airlines, Nepal Airlines)
7. Bhadrapur Airport (BDR), Jhapa	(Buddha Air, Nepal Airlines, Saurya Airlines, Shree Airlines, Yeti Airlines)
	(Buddha Air, Yeti Airlines, Nepal Airlines, Simrik Airlines)
9. Janakpur Airport (JKR), Dhanusha	(Buddha Air, Yeti Airlines, Shree Airlines)
10. Tumlingtar Airport (TMI), Sankhuwasabha	(Buddha Air, Yeti Airlines, Sita Air, Summit Air, Tara Air)
11. Taplejung Airport (TPJ), Taplejung	(Nepal Airlines, Summit Air, Tara Air on charter)
12. Rajbiraj Airport (RJB), Saptari	(Buddha Air, Yeti Airlines, Shree Airlines)
13. Surkhet Airport (SKH), Birendranagar, Surkhet	(Buddha Air, Yeti Airlines, Nepal Airlines)
14. Tenzing Hilary Airport (LUA), Lukla, Solukhumbu	(Sita Air, Summit Air, Tara Air, Simrik Airlines)
15. Bhojpur Airport (BHP), Bhojpur	
16. Rumjatar Airport (RUM), Okhaldhunga	
17. Phaplu Airport (PPL), Phaplu, Solukhumbu	(Tara Air and Sita Air on Charter, Summit Air, Nepal Airlines)

TRAVEL NEPAL BY ROAD

If you have enough time to visit in Nepal and like to travel by roadways, you can take private vehicles from the transportation company along with the driver. You can also make a journey on a tourist standard bus service from Kathmandu to go various regions of Nepal. Mainly, the tourist standard buses with the green number plate are available for the fixed route. The services are well and they are very comfortable to travel. The fare is slightly higher than the normal public vehicles as they provide luxury services.

They will stop for 3-4 times on the way including toilet breaks, lunch breaks, and other snack breaks. The services or amenities of the tourist buses are different according to the company. There are various bus services which are comfortable and luxurious to travel with good services.

Please note that such vehicles and services are available within the limited route only. To go eastern and western part of Nepal, either you can hire a tourist bus if you are in group or you must choose public buses but you have to compromise on the services and facilities. It doesn't mean all the public bus services lack good services.

In the context of Nepal, the highways are like the roads of the countryside because of the land topography of Nepal. But the drivers are experienced and skilled enough in these highways. Besides the highway routes, you have to take the 4WD Jeep while driving.

HIRING THE GUIDE OR OTHER STAFF

In the context of Nepal, the professional guide is provided with their license and identity cards from the government. If you buy the package from the tour operator, then they will provide you the guide for your tour. The license of guides is different from each other concerning the different sectors. Trekking Guide, City Tour Guide, Rafting Guide, Naturalist, etc. are the categories of the guide which are characterized by their profession and the license too and have to work in their respective profession.

You can also hire the tour guide with supplement language-speaking like, Italian, Russian, French, Spanish language, etc. The allowance for them is higher than the English Speaking tour guide. Whereas, in the trekking, you will get an English speaking trekking guide. In the case of rafting, if you pay for the rafting package, you will get all the rafting equipment arrangements with the trained rafting guide and the safety gear. Similarly, the naturalist is available in the hotels or jungle lodges nearby to the protected areas like in Chitwan National Park, Bardiya National Park, etc.







WHERE TO TRAVEL IN NEPAL?

Nepal is a small country with high mountains, fast-flowing rivers, lakes at the higher elevation, religious sites, historical sites, well preserved ancient culture and tradition. This holds the purpose of the visit. Mountaineering, Trekking, Rafting, Sky Diving, Boating, Bungee Jump, Wildlife Safari, Canyoning, Canoeing, etc. are the adventurous activities, you can do in Nepal. You can do volunteering activities in Nepal.

Sightseeing tour in the world heritage sites, ancient villages, visiting the religious sites, experiencing the homestay services, etc. are the other purposes of traveling in Nepal. Your strength, fitness, and interest help you in the selection to travel in Nepal. You can request customized packages by selecting the activities you are interested in. For a specific destination, it is necessary to understand the background of those places.

Here, you will information about the tourist destination of 18 tourism zones of Nepal, which is further divided into the 77 districts. They are according to the below:

1. Mechi Hill Tourism Area	Ilam, Panchthar, Taplejung
2. Birat Tourism Area	Jhapa, Morang, Sunsari
3. Arun Tourism Area	Sankhuwasabha, Bhojpur, Terhathum, Dhankuta
4. Salahes Tourism Sector	Siraha, Saptari, Udayapur
5. Sagarmatha Tourism Sector	Solukhumbu, Okhaldhunga, Khotang, Ramechhap
6. Videha-Mithila Tourism Sector	Dhanusa, Mahottari, Sarlhi, Sindhuli
7. Langtang-Gaurishankar Tourism Sector	Dolakha, Sindhupalchok, Rasuwa, Nuwakot, Dhading
8. Kathmandu Tourism Area	Kathmandu, Lalitpur, Bhaktapur, Kavrepalanchok
9. Simraun Tourism Area	Rautahat, Bara, Parsa, Makwanpur, Chitwan
10. Annapurna-Manaslu Tourism Sector	Gorkha, Lamjung, Manang Mustang
11. Pokhara Tourism Sector	Kaski, Tanahun, Syangja, Parbat, Myagdi
12. Lumbini Tourism Area	Nawalpur, Parasi, Rupandehi, Kapilbastu
13. Ruru Resunga Tourism Sector	Gulmi, Palpa, Arghakhanchi
14. Sisne-Jaljala-Dhorpatan Tourism Area	Rolpa, Eastern Rukum, Western Rukum, Baglung, Pyuthan, Salyan
15. Bheri-Kankrebihar Tourism Sector	Surkhet, Dang, Banke
16. Rara-Karnali Tourism Sector	Mugu, Dolpa, Humla, Jumla, Kalikot, Dailekh, Jajarkot
17. Chisapani Thakurdwara Tourism Area	Bardiya, Kailali, Kanchanpur
18. Khaptad-Ramaroshan Tourism Area	Bajhang, Bajura, Doti, Achham, Darchula, Daldeldhura, Baitadi







ABOUT US

Travelxlog is a travel blog site created in September 2018 with the purpose to explore the potential tourist destination in the national and international tourism market. The main motto is to provide information about the tourism of Nepal and the travel procedure before and after arriving in Nepal for international travelers. We are providing information and ground level services for national and international visitors in collaboration with the well-established Travel, Tourism and Hospitality suppliers of Nepal.

The author of Travelxlog belongs to the Travel and Tourism field and government certified trekking guide of Nepal.

FOR MORE INFORMATION, PLEASE VISIT THE SITE: WWW.TRAVELXLOG.COM

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